



Work Initiative Network (WIN) Program



What Past Participants Say About WIN

"Participating in the WIN program was an invaluable experience. In the beginning I was intimidated by the length of the program and the commitment involved, however it turned out to be a great decision"

The WIN Program made me feel motivated and helped me get my confidence back"

"It was a huge boost to my confidence and enabled me to land a job"

"I highly recommend the WIN program. I especially liked the personalized help and expertise of the staff in creating an excellent resume and covering letter"

Our Mission

The WIN program is designed to assist individuals with mental health issues enter the workforce through confidence building activities, determining clear and realistic job goals and addressing issues not often covered in traditional employment programs, such as accommodation, disclosure, stress management and job maintenance.

We are not a temp agency and do not place individuals in pre-determined roles. We strive to assist participants to identify their own employment goals, relative to the individual's skills, education and experience.



Program Format

Going back to work is a big lifestyle change. Working can bring many rewards but it can also be stressful to adapt to the new routine with less free time.

At WIN, we encourage participants to think of the program like a part time job and treat it with the same commitment. The program is structured in a part time format as we believe that this will help to gradually ease the transition back to work.

We expect attendance and punctuality for all workshops and 1 on 1 sessions and believe that adopting these patterns will assist in supporting successful job search and job maintenance as participants progress through the program.



Topics Covered Include:

- Career Exploration & Assessments
- Resumes & Cover Letters
- References
- Job Search Techniques, Online Applications & Networking
- Stress Management
- Disclosure & Accommodation
- Interview Skills & Practice
- Job Maintenance



**Employment
Preparation**
(First 9 Weeks)

**Employment Preparation
Workshops**
(12-3pm Tuesdays &
Thursdays)

1 on 1 Sessions
(45 minutes, 1/week)

Total = 3 days a week

Review
(Week 10)

Participant Interest:

- **Self-identified
readiness**
- **Desire to continue in
the Active Job Search**

**Feedback from WIN staff
& Referring Worker:**

- **Milestones &
Attendance**
- **Realistic Job Goal**

Active Job Search
(up to
Week 26)

Job Search Club
(12-3pm Thursdays)

1 on 1 Sessions
(45 minutes, 1/week)

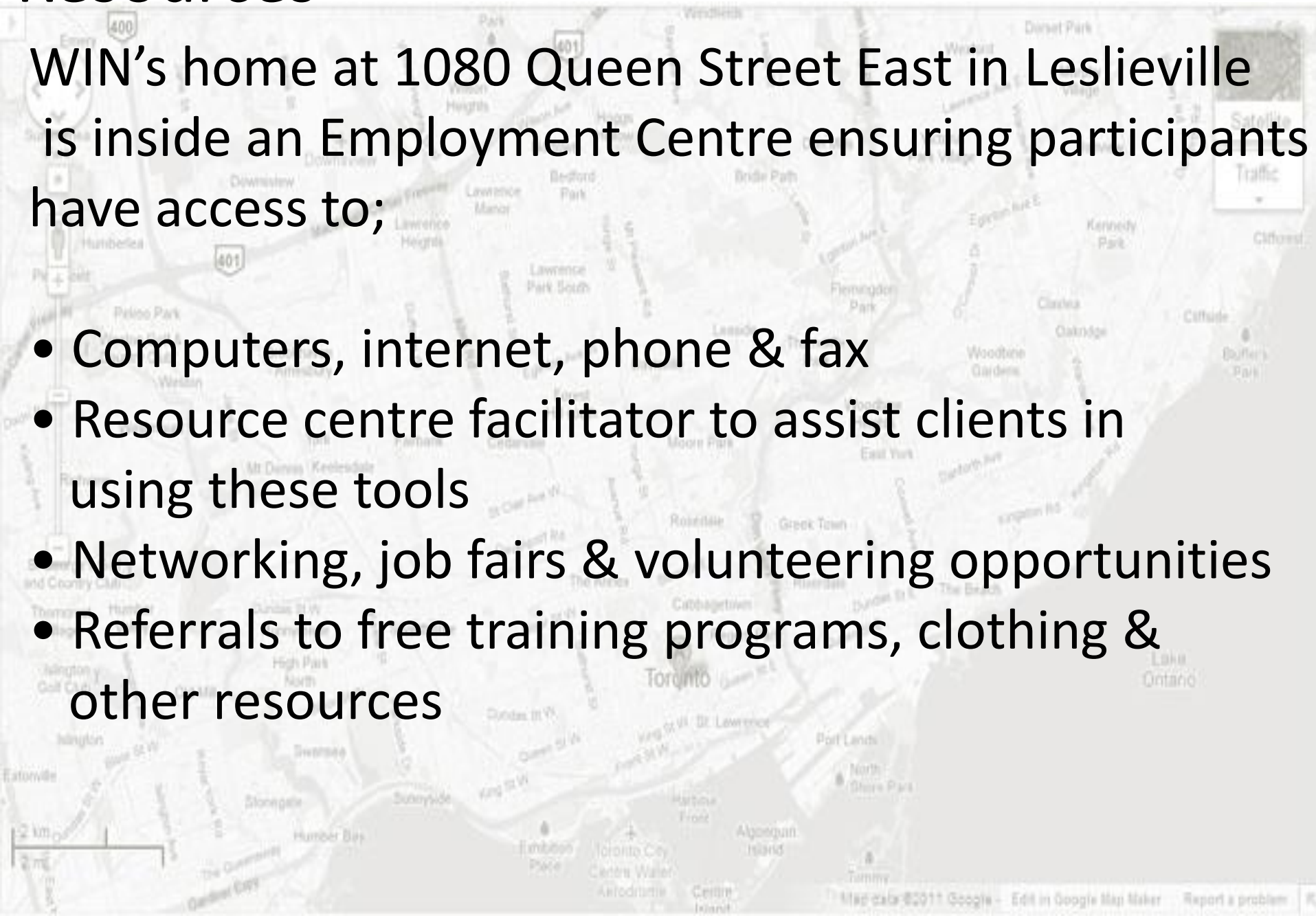
**Mock Interviews, Job
Search Support**
(scheduled as appropriate)

Total = 2 days a week

Resources

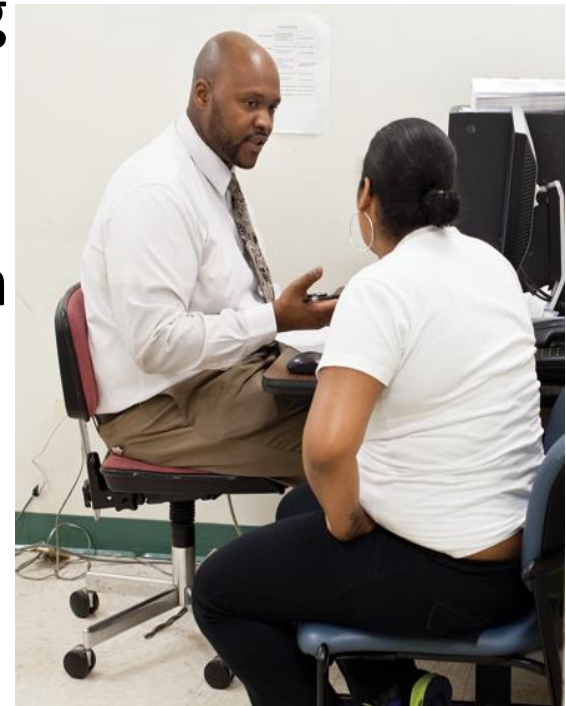
WIN's home at 1080 Queen Street East in Leslieville is inside an Employment Centre ensuring participants have access to;

- Computers, internet, phone & fax
- Resource centre facilitator to assist clients in using these tools
- Networking, job fairs & volunteering opportunities
- Referrals to free training programs, clothing & other resources



Role Of The Referring Worker

- WIN works in partnership with mental health professionals for referrals and to ensure our clients are well supported
- Provide regular and ongoing counselling and non-employment support to clients
- Participate in ongoing case coordination with WIN team including mid and end program meetings



Next Steps

- Review eligibility criteria & work readiness definition on our website
- Ensure your availability to attend (up to 3X a week)
- If you're working with mental health professional, you & your worker complete and e-mail us your referral form. Then contact us to discuss next steps
- If you do not have a worker, proceed to contact us

win@woodgreen.org

